

The Sweetest Hanuman Story for Kids: Why He Wore Sindoor

A heartwarming Hanuman story for kids from hanumanstories.com, explaining why Hanuman covered himself in sindoor to show his devotion to Lord Rama.

This is one of those Hanuman stories for kids that you'll want to hear again and again. It's touching, a little funny, and full of love. But before I tell you what happened, let me explain something important-what exactly is sindoor?

Sindoor is a bright red-orange powder made from natural minerals. In Hindu tradition, married women apply a small line of sindoor in the parting of their hair or as a dot on their forehead. It's more than just a decoration-sindoor is a symbol of love, respect, and devotion toward their husband. Wearing it is believed to bring him good health, a long life, and happiness.

One peaceful morning in the palace, Hanuman was doing his usual tasks when he saw Mother Sita applying sindoor. Curious and thoughtful, Hanuman asked her, "Mother Sita, why do you wear that red powder every day?"

Sita smiled kindly and replied, "This is sindoor. I wear it to show my love and devotion to Lord Rama. It is said that when a wife wears sindoor, it brings her husband a long and healthy life."

Hanuman thought to himself, If a tiny bit of sindoor helps, then imagine how much good it will do if I cover my whole body in it!

He rushed to the market, bought a big packet of sindoor, and smeared it all over himself-from the tip of his tail to the top of his head. Everyone was shocked when he walked into the palace completely red. But when Lord Rama saw him, he was touched.

"Why did you do this, Hanuman?" he asked.

Hanuman bowed and replied, "Because I want you to live forever. If Mother Sita uses a little sindoor to protect you, then I'll use a lot more-so you can live even longer!"

This simple act of love became one of the most beloved Hanuman tales in English and one of the most heartwarming Ramayana stories for children. It's also why many Hanuman statues in temples are covered in red sindoor-to honor this beautiful moment of devotion.

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